

### Kyphoplasty Instructions:

- Once we obtain authorization from insurance we will schedule you for your procedure as soon as possible.
- 5 days prior to procedure blood thinner medications need to be stopped such as aspirin, naproxen, ibuprofen and motrin, mobic, celebrex. **Tylenol is approved to take.**
- If you take Plavix, (clopidogrel) Eliquis, Xarelto, Burlinta we will need to know who your prescribing doctor is in order verify if this medication can be held for the procedure and how many days prior to procedure that it needs to be held and when to restart.
- If you take Coumadin (warfarin, Jantoven) we will need to know who your prescribing doctor is to verify if you can hold the medication and you will be required to get a PT INR drawn the day before or the morning of the procedure.
- We will order antibiotics prior to procedure for the procedure. **The day before your procedure you will start the antibiotic.** You will take this for 5 days then discontinue.
- The second medication is the pain medication (hydrocodone) you will take it 30 minutes prior to the procedure. If you need to take two pills you can.
- The third medication is Zofran it is an anti nausea medication that will prevent you from getting nauseous or have symptoms of vomiting due to the pain medication. You will take this with the pain medication 30 minutes prior to procedure.
- If you get placed on an antibiotic (**not** prescribed by our office) let us know we may have to reschedule.
- You can eat and drink prior to procedure, we recommend you eat something small the morning of.
- If you take medication in the morning for blood pressure be sure to take it prior to arrival if your blood pressure is too high we may have to reschedule.
- You will need a ride to the office and back home from the office
- **Rest** when you get home and use **ice** as needed for pain.